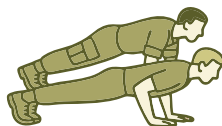


BASIC TRAINING

Recruit's Code

TASK 1



Position 2

Disciplinary exercise: Everyone drops to push-ups within seconds.



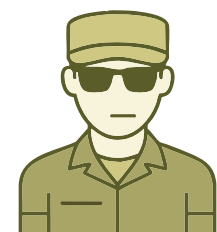
Gimelim

Medical approval that allows absence from service due to medical issues.



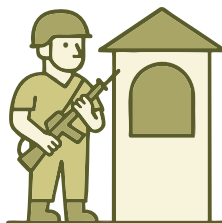
Stopwatch

Measuring time to complete a mission, from the moment of instruction until completion of the action.



Keeping distance

Maintaining distance and respect, indicating hierarchy between soldiers and commanders.



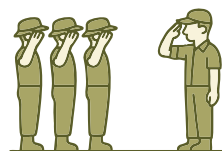
Guard duty

Securing a specific area on the base, usually at a gate or observation post.



Sunday culture

Cultural and enrichment activities given to soldiers on Sundays.



Morning parade

Attendance check, appearance and briefing before the start of the day.



Pre-sleep

hour Time to shower, talk on the phone and rest.



Shekem

The military kiosk

buy snacks, drinks, food and more.



'Poisoned'

A soldier with peak motivation! Lives and breathes IDF.